## **OUR JOURNEY TO PASCHA! 2025**

## SUNDAYS

## THEMES / GOSPEL READING

## HOW TO PARTICIPATE:

Fast - Free Week **FEBRUARY 9th** 



Publican and the Pharisee 2 Timothy 3:10-15

Luke 18:10-14 Gospel:

Normal Fast Week **FEBRUARY 16th** 

Meatfare

**FEBRUARY 23rd** 

FAREWELL TO MEAT TODAY



The Prodigal Son Returns!

Epistle: 1 Corinthians 6:12-20 Luke 15:11-32 Gospel:

The Last Judgement

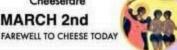
1 Corinthians 8:8-9:2 Epistle: Gospel: Matthew 25:31-46

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare



Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY

Romans 13:11-14:4 Epistle: Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent MARCH 9th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Hebrews 11:24-26, 32-12:2

Gospel: John 1:43-51 Bring an icon to church for a procession.

2nd Sunday of Lent





ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3

Mark 2:1-12 Gospel:

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent MARCH 23rd



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHAL Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent





ST JOHN of the LADDER Hebrews 6:13-20 Epistle: Mark 9:17-31 Gospel:

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent APRIL 6th



ST MARY of EGYPT

Hebrews 9:11-14 Epistle: Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAYI APRIL 13th GREAT WEEK BEGINS

GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Epistle: Philippians 4:4-9 Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY APRIL 18th

GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.



BRIGHT WEEK

HOLY PASCHAI (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before

good morning and goodnight!