

**September 11, 2016**

**SUNDAY BEFORE THE ELEVATION OF THE CROSS**

### Saint Euphrosynus the Cook



Saint Euphrosynus the Cook was from one of the Palestinian monasteries, and his obedience was to work in the kitchen as a cook. Toiling away for the brethren, St Euphrosynus did not absent himself from thought about God, but rather dwelt in prayer and fasting. He remembered always that obedience is the first duty of a monk, and therefore he was obedient to the elder brethren.

The patience of the saint was amazing: they often reproached him, but he made no complaint and endured every unpleasantness. St Euphrosynus pleased the Lord by his inner virtue which he concealed from people, and the Lord Himself revealed to the monastic brethren the spiritual heights of their unassuming fellow-monk.

One of the priests of the monastery prayed and asked the Lord to show him the blessings prepared for the righteous in the age to come. The priest saw in a dream what Paradise is like, and he contemplated its inexplicable beauty with fear and with joy.

He also saw there a monk of his monastery, the cook Euphrosynus. Amazed at this encounter, the presbyter asked Euphrosynus, how he came to be there. The saint answered that he was in Paradise through the great mercy of God. The priest again asked whether Euphrosynus would be able to give him something from the surrounding beauty. St Euphrosynus suggested to the priest to take whatever he wished, and so the priest pointed to three luscious apples growing in the garden of Paradise. The monk picked the three apples, wrapped them in a cloth, and gave them to his companion.

When he awoke in the early morning, the priest thought the vision a dream, but suddenly he noticed next to him the cloth with the fruit of Paradise wrapped in it, and emitting a wondrous fragrance. The priest, found St Euphrosynus in church and asked him under oath where he was the night before. The saint answered that he was where the priest also was. Then the monk said that the Lord, in fulfilling the prayer of the priest, had shown him Paradise and had bestowed the fruit of Paradise through him, "the lowly and unworthy servant of God, Euphrosynus."

The priest related everything to the monastery brethren, pointing out the spiritual loftiness of Euphrosynus in pleasing God, and he pointed to the fragrant paradisaical fruit. Deeply affected by what they heard, the monks went to the kitchen, in order to pay respect to St Euphrosynus, but they did not find him there. Fleeing human glory, the monk had left the monastery. The place where he concealed himself remained unknown, but the monks always remembered that their monastic brother St Euphrosynus had come upon Paradise, and that they in being saved, through the mercy of God would meet him there. They reverently kept and distributed pieces of the apples from Paradise for blessing and for healing."

*Text & Image from <https://oca.org/saints/lives/2016/09/11/102581-st-euphrosynus-the-cook-of-alexandria>*

The disciples were called Christians first in Antioch (Acts II:26)



### ST. PHILIP ORTHODOX CHURCH

1970 Clearview Road  
Souderton, PA 18964

[www.st-philip.net](http://www.st-philip.net) (215) 721-4947

**Emails:** office@st-philip.net  
frnoah@st-philip.net frbhib@gmail.com  
frjamesthayer@gmail.com  
dnherman1@gmail.com  
vacker@st-philip.net

*V. Rev. Father Noah Bushelli, Pastor*  
215-721-1193

*Rev. Father James Thayer*  
215-692-0890

*Deacon Herman R. Acker*  
610-287-1622

**Office Hours:**  
Mon, Tues, Wed, Fri 8:30 - 4:00

**September 11, 2016**

**SUNDAY BEFORE ELEVATION  
OF THE CROSS**

#### COMMEMORATIONS:

MARTYRS DEMETRIOS, EVANTHIA AND  
DEMETRIANOS (1ST C.)

MARTYR IA OF PERSIA AND 9,000 MARTYRS WITH  
HER (363)

VENERABLE THEODORA OF ALEXANDRIA (490).  
ST. DEINIOL, ABBOT OF BANGOR, BISHOP IN WALES  
(584)

RIGHTEOUS EUPHROSYNOS THE COOK OF  
ALEXANDRIA (9TH C.)

TRANSLATION OF RELICS OF VENERABLE SERGIOS  
AND HERMAN OF VALAAM (1353)

ST. SILOUAN, ELDER OF MT. ATHOS (1938)

**Tone 3**

Eothinon 1

**Matins Gospel:** St. Matthew 28:16-20

**Epistle:** Galatians 6:11-18

**Liturgy Gospel:** St. John 3:13-17

**RESURRECTION TROPARION - Tone 3 -** Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death by death and become the First-born from the dead. He hath delivered us from the depth of hades, granting the world the Great Mercy!

**TODAY:** Coffee Hour after Liturgy.  
Sunday School & Teen SOYO resume.

**SAINT PHILIP'S** is a "Pan-Orthodox" parish of the Antiochian Archdiocese, serving Orthodox Christians of all backgrounds in the English language. If you are a newcomer to our community, please sign our guest book, and stay with us for the Coffee Hour today. AND, WE LOOK FORWARD TO WELCOMING YOU AGAIN!

**PLEASE NOTE:** Holy Communion is only for practicing Orthodox Christians who have prepared themselves through fasting, prayer, and recent confession, and who are dressed modestly and arrived on time for the Liturgy. All are welcome to kiss the Cross and receive Blessed Bread at the end of the Divine Liturgy.

**PLEASE PARK ONLY IN DESIGNATED PARKING SPACES; OTHER AREAS MUST REMAIN FREE FOR EMERGENCY VEHICLE ACCESS.**

**AMPLE PARKING** is always available for Church Services in lots just across Clearview Rd, thanks to our good neighbors at Solar Atmospheres. Thank you.

THE ALTAR CANDLES are lighted today by Dn Herman & Vera Acker, in thanksgiving for blessings received (wedding anniversary - MANY YEARS!).

**MANY THANKS** to Zerfenesh Dansamo & Melesech Lemma for sponsoring today's coffee hour. EVERYONE is invited to stay for refreshments after the Divine Liturgy.

**THIS WEEK'S GREETERS:** Celia-Marie Khouri & Sharon Yezdimir

**THIS WEEK'S CLEANING TEAM:** Olena Kulbachna, Mary Kompass, Tadesse Abay

THANK YOU to all who fulfill these ministries!

THANK YOU TO ALL FOR YOUR CHRISTMAS IN JULY/AUGUST OFFERINGS. Your contributions will benefit the Camp Scholarship Fund, Middle East refugees, and the St Philip's Cemetery. Thank you and God bless you for your generosity!



## Mark Your Calendar:

### Introduction to Orthodoxy

Saturdays, September 24 - November 19, 4:30 pm

### Bp THOMAS visit

October 8-9 - Come receive the blessing!

### St Demetrius Soul Saturday

October 22 - Akathist 10 am

### Services for St Philip

Sunday, November 13 - Vespers & Artoklasia 6 pm, Matins 7 pm

Monday, November 14 - Divine Liturgy 10 am

### Visit of Kardiotissa Icon from Taylor PA

Friday, November 18, 6 pm

Advent Paraklesis & Akathist to the Theotokos, Nurturer of Children

**OUTREACH COLLECTION:**  
**SEPTEMBER:** Cleaning Products

**WISDOM FROM FATHER B:**  
**SEPTEMBER:** Keep on Smiling!

## This Week:

**Tuesday, Sep 13:** Matushka Olga Sewing Club, 11 a.m.  
**VESPERS & ARTOKLASIA, 7 pm**  
for Elevation of the Cross

**Wednesday, Sep 14:** *Elevation of the Cross - STRICT FAST DAY*  
**MATINS 9 am, LITURGY 10 am**

## FRIDAY & SATURDAY, SEP 16 & 17 - INTERNATIONAL FOOD FESTIVAL!

**Friday, Sep 16:** **AKATHIST, 4 p.m.**

**Saturday, Sep 17:** **VESPERS, 4 p.m. (Special time!)**

**Sunday, Sep 18:** **MATINS 8:45 a.m., LITURGY 10 a.m.**  
Coffee Hour, Sunday School, & Teens

## Everyday Evangelist

*"As the Father has sent me, so I send you." (Jn 20:21)*

**September:** Go out of your way to assist a co-worker at your workplace.

**ATTENDANCE:** At Water Blessing Aug 31: 19 Vespers on Sat Sep 3: 40 Divine Services on Sun, Sep 4: 161 Vespers & Matins for Nativity of the Theotokos: 35 Liturgy for Nativity of the Theotokos: 33 **OFFERINGS:** Candles, \$273. Collections, \$302. Youth, \$5. Beautification, \$850. BookShelf, \$45. Camp Schol, \$500. Needy, \$15. Pastoral Discretion, \$505. Stewardship, \$6,843. Total received: \$9,338.

THANK YOU AND GOD BLESS YOU FOR YOUR GENEROSITY

**FR NOAH, FR JAMES, & DN HERMAN** are available for hospital visits. If you or anyone you know is in the hospital and would like a visit, please call the church office.