

Sunday of Cheesefare: Expulsion of Adam from Paradise (March 14)

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.



Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

(Taken from <https://www.oca.org/saints/lives/2021/03/14/7-sunday-of-cheesefare-expulsion-of-adam-from-paradise>)



ST. PHILIP ORTHODOX CHURCH

A Parish of the
Antiochian Archdiocese

His Eminence Metropolitan JOSEPH



His Grace Bishop THOMAS



Father Noah Bushelli, Pastor

215-954-9286



Father James Thayer

215-692-0890

March 14, 2021

FORGIVENESS SUNDAY (CHEESEFARE)

COMMEMORATIONS:

VENERABLE BENEDICT OF NURSIA
EUSCHEMENOS, BISHOP OF LAMPSAKOS

Tone 7 - Eothinon 7

Orthros Gospel: St. Luke 24:36-53

Epistle: Romans 13:11-14:4

Liturgy Gospel: St. Matthew 6:14-21

RESURRECTION TROPARION - Tone 7 - Thou didst shatter death by thy Cross, thou didst open Paradise to the thief; thou didst turn the sadness of the ointment bearing women into joy, and didst bid thine Apostles proclaim a warning that thou hast risen, O Christ, granting to the world the great mercy!

KONTAKION FOR FORGIVENESS SUNDAY - Tone 6 - O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

TODAY: ORTHROS & Confession 8:45 a.m.
Divine LITURGY 10 a.m.
Sunday School, Catechism, & Coffee Hour
Forgiveness Vespers 1 p.m.

1970 Clearview Road, Souderton, PA 18964

www.st-philip.net (215) 721-4947

Emails: office@st-philip.net nbushelli@gmail.com frjamesthayer@gmail.com

Office Hours: Monday through Friday 10:00 - 3:00

Fr Noah & Fr James are available for hospital visits. If you or anyone you know is in the hospital or homebound and would like a visit, please call the church office.

Weekly Ministries & Stewards:

	This Week:	Next Week (Mar 21):
PROSPHORA BREAD:	Carolyn Kaminsky	Catalin & Gabi Tinjala
USHERS:	Dan M. & Sdn Justin	Sdn. John & Todd M.
ALTAR CANDLES:	----	----
ALTAR BOYS:	“Archangel Gabriel”	“Archangel Michael”
CLEANING TEAM:	Serge, Alex & Sarah K.	Nathan & Rebecca; Teens

Mark Your Calendar:

Bible Study on Sacrifice

Saturdays, 5 pm
Mar 20-Apr 24

Feast of the Annunciation

Wednesday, March 24
Vespers & Artoklasia 6:30 p.m.
Orthros 7:30 p.m.

Thursday, March 25
Liturgy 10 am
(fish, wine, oil permitted)

We live Pascha to Pascha!
May 2, 2021

OFFERINGS: *To be reported next week.*

**GOD BLESS YOU FOR YOUR
FAITHFULNESS & GENEROSITY!**

Pray For:

Living	Departed
Newly Illumined	+Christopher
Penelope	
Dn. Luke & Family	+Najib
George, Victoria, & family	+Lorraine
AP Boris	+Julia
HM Sylvester	+Helen
Fr. Sergius	+Dina
AP Serge	+Robert Joseph
Doris & John	+Adele
Apr. Gregory & Family	
James	
Lasha B	
Otari B	
Daniel H	
John	
Peter	
Anesia	
Svetlana & Family	
Pulcheria	
Natalia	
Anna	
Dn. Thomas, Elizabeth, Bill, Elaine & all Missionaries	
New & Expectant Mothers & their children	
For the people of our land and their repentance, healing & unity	

All who are suffering, serving and rebuilding from the pandemic

Catechumens

Matthew,
Michael,
Shaun,
Tina,
Asena,
Sara,
Barry,
Ryan,
Laura,
Taylor,
Tim & Luke

This Week:

Great Lent begins! Blessed Struggle!

Confessions before services and by appointment.

Masks encouraged for all services.

- Monday, Mar 15:** CLEAN MONDAY
Great Compline & Great Canon 6:30 p.m.
- Tuesday, Mar 16:** Matushka Olga Sewing Club, 11 a.m.
6th Hour Prayers, 12 noon
Great Compline & Great Canon 6:30 p.m.
- Wed, Mar 17:** 6th Hour & Great Canon, 12 noon
Presanctified Liturgy, 6:30 p.m.
- Thurs, Mar 18:** 6th Hour Prayers, 12 noon
Great Compline & Great Canon 6:30 p.m.
- Friday, Mar 19:** Presanctified Liturgy, 10 a.m.
Little Compline & Akathist Hymn 6:30 p.m.
- Sat, Mar 20:** Divine Liturgy (Mask Required) 10 a.m.
Bible Study on Sacrifice, 5 p.m.
Youth Choir Practice, 5:30 p.m.
Vespers 6:30 p.m.
Confession 7:30 p.m.
- Sunday, Mar 21:** SUNDAY OF ORTHODOXY
ORTHROS 8:45 a.m.
Divine LITURGY 10 a.m.
Sunday School, Catechism, & Coffee Hour
Parish Council 12:45 p.m.

OUTREACH COLLECTION:

Baby Care Items

CHALLENGE FOR 2021:

“Your Body is the Temple of the Holy Spirit”