

Venerable Theodosius, Abbot of Totma, Vologda (Jan 28)

Saint Theodosius of Totma was born at Vologda about the year 1530. In his youth he was raised in a spirit of Christian piety and the fear of God. At the insistence of his parents he married, but family life did not turn him away from God. He went fervently to church and prayed at home, particularly at night. After the death of his parents and his wife, he withdrew to the Priluki monastery not far from Vologda.

At the monastery Theodosius passed through the various obediences: he carried water, chopped fire-wood, milled flour and baked bread. He went to Totma on the igumen's orders to search for a salt-works for the monastery. He sought the permission of Tsar Ivan Vasilevich and the blessing of Archbishop Nicander to found a monastery at Totma. Theodosius was appointed head of this newly-formed Totma monastery, which in a grant of 1554 was declared free of taxation.

The saint founded the Totma Ephraimov wilderness monastery and brought brethren into it. Eventually becoming the head of two monasteries, Theodosius continued to lead an ascetic life. He wore down his body by wearing chains and a hairshirt, and beneath his monastic cowl he wore an iron cap. Fond of spiritual reading, he acquired many books for the monastery. Saint Theodosius reposed in the year 1568 and was buried in the monastery he founded, and miracles occurred at his grave.

On September 2, 1796 during the reconstruction of the Ascension church, his relics were found incorrupt, and their glorification took place on January 28, 1798, on the day of his repose.

Text & icon from <https://www.oca.org/saints/lives/2024/01/28/100329-venerable-theodosius-abbot-of-totma-vologda>



ST. PHILIP ORTHODOX CHURCH

A Parish of the
Antiochian Archdiocese

His Eminence Metropolitan SABA



His Grace Bishop THOMAS



Father Noah Bushelli, Pastor

215-954-9286



Father James Thayer

215-692-0890

January 28, 2024

THIRTY-FIRST SUNDAY AFTER PENTECOST

COMMEMORATIONS:

OUR RIGHTEOUS FATHER EPHRAIM THE SYRIAN
VENERABLE PALLADIOS OF ANTIOCH
VENERABLE THEODOSIOS OF TOTMA

Tone 1 - Eothinon 1

Orthros Gospel: St. Matthew 28:16-20

Epistle: 1 Timothy 1:15-17

Liturgy Gospel: St. Luke 18:35-43

TROPARION OF THE RESURRECTION - Tone 1 - While the stone was sealed by the Jews, and the soldiers were guarding thy most pure Body, thou didst arise on the third day, O Saviour, granting life to the world. For which cause the heavenly powers cried aloud unto thee, O Giver of life: Glory to thy resurrection, O Christ! Glory to thy kingdom! Glory to thy providence, O thou who alone art the Lover of mankind!

APOLYTIKION OF ST. EPHRAIM THE SYRIAN - Tone 3 - Out of Paradise, a river floweth, * flooding all the earth with joy unending, * cheering souls with compunction and saving fear: * Ephraim, the wine bowl of gladness inspired of God, * from all eternity chosen to light the Church * with his sacred hymns, his sermons, his shining canticles, * whereby he filleth faithful souls with godliness.

TODAY: *Liturgy at Fort Washington Mission 9am*

ORTHROS 8:45 a.m.

Divine LITURGY 10 a.m.

Memorial for Gheorghe N. — Memory Eternal!

Sunday School & Coffee Hour

Choir Rehearsal

Viewing 3pm & Trisagion 4pm for Nicole Kyriakos

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Office Hours: Monday, Wednesday, Friday 8:30am - 3:30pm

Fr Noah & Fr James are available for hospital visits. Please contact them directly or call the church office.

Weekly Ministries & Stewards:

	This Week:	Next Week (Feb 4):
COFFEE HOUR:	Nedelcovicu Memorial Meal	Bagel Sunday
PROSPHORA BREAD:	John Child	Kristi Moore
ALTAR CANDLES:	Kaminsky Family—Simeon's name-day	Rice Family—Eliana's b-day
USHERS:	Steve K. & Dan M.	Rdr Nick M. & Todd M.
CLEANING TEAM:	Catechumens & Karsten B.	Moore's; Kim B; Monica/Frank
COFFEE HOUR TEAM:	Mariya; Laura S.; Eric M.	Calvin; Dale; Felicia

Mark Your Calendar:

Creative Arts Workshop

Saturday, Feb 10
3:00-5:00pm

Lenten Triodion:

Feb 25 – Publican & the Pharisee
Mar 3 – Prodigal Son
Mar 10 – Judgment Sunday (Meatfare)
Mar 17 – Forgiveness Sunday (Cheesefare)

Feast of Annuciation

Monday, Mar 25

Pascha 2024

May 5, 2024

We live from Pascha to Pascha!

Save the Date!

2024 Parish Life Conference

June 27-30, 2024

**JANUARY OUTREACH
COLLECTION:**
Oral Care Products

Pray For:

Living	Departed
Faithful of the Holy Land	Nicole
Met. Onuphry and faithful of Ukraine	(January Parish Diptychs)
Faithful of Ethiopia	+George
Pr. Andrew, family, & parishioners	+Pedrag
Kh. Joyce	+Mimi
Mary	+Helen
Child Timothy	+Christopher
Xenia	+Nagib
George	+Julia
Ephrem	
Nicole	
Patrick	
Doris	
John	
James	
Helen	
Wadih	
Mary	
Victoria	
Steve	
Lasha	
Otari	
John	
Tatiana	
Anesia	
Linda	
Daria	
Pavlo	
Elena	
Xenia	
Derek	
Michael	
Linda	
Carmen	
Jesse, Nathan, Hannah, Elizabeth, & all Missionaries	
Nathan & family, John, & all seminarians	
New & Expectant Mothers & their children	
For the people of our land, and their repentance, healing & unity	
The 12 Baskets Full team asks for prayers for our homeless Philly friends – George, Bill, Jim, Jatil, Mark, Joel, Eric	

Catechumens

Lucretia
Ryan
Alina
Nicholas,
Rachel, Luka,
& Leo
Michael
Caden
Keith, Maggie,
& Eli
Andrew
Daniel
Kassandra
Christian
David, Darby,
& Easton

This Week:

- Mon, Jan 29:** *Office open*
Psalm Vigil 10 a.m.
Funeral for Nicole Kyriakos 11 a.m.
- Tues, Jan 30:** Matushka Olga Sewing Club, 1 p.m.
- Wed, Jan 31:** *Office open*
Little Compline & Patristic Reading 6:30 p.m.
- Thur, Feb 1:** Vespers & Artoklasia; Candle Blessing 6:30 p.m.
Bible Study: Romans 8 p.m.
- Fri, Feb 2:** **Meeting of the Lord**
Office open
Orthros 9 a.m.
Divine Liturgy w/ Candle Blessing 10 a.m.
Fish/Wine/Oil Potluck 11:30 a.m.
Paraklesis 6:30 p.m.
- Sat, Feb 3:** Men's Fellowship Breakfast 8 a.m.
Catechumen Class 5 p.m.
Book Study: "Bad Religion" 5:15 p.m.
Great VESPERS 6:30 p.m.
Confessions 7:30 p.m.
- Sun, Feb 4:** **ORTHROS 8:45 a.m.**
Divine LITURGY 10 a.m.
Coffee Hour & Sunday School
Choir Rehearsal

ATTENDANCE: Vespers Jan 20: 78 Divine Services Jan 21: 258
OFFERINGS 1/21: Candles, \$277. Collections, \$475.81. Book Shelf Ministry, \$52. Cemetery Fund, \$10,000. Mission Chapel, \$1,500. Needy Fund, \$979.61. Stewardship, \$15,172. Total received: \$28,465.42.

THANK YOU AND GOD BLESS YOU FOR YOUR GENEROSITY!

The disciples were called Christians first in Antioch (Acts II:26)