

## 2nd Sunday of Great Lent: Sunday of St. Gregory Palamas (Mar 31)

Saint Innocent (Veniaminov), Metropolitan of Moscow and Kolomensk (August 26, 1797—March 31, 1879), was glorified by the Russian Orthodox Church on October 6, 1977. He was born in the village of Anginsk in the Irkutsk diocese. The Apostle of America and Siberia proclaimed the Gospel “even to the ends of the earth”: in the Aleutian islands (from 1823), in the six dialects of the local tribes on the island of Sitka (from 1834), among the Kolosh (Tlingit); in the remotest settlements of the extensive Kamchatka diocese (from 1853); among the Koryak, Chukchei, Tungus in the Yakutsk region (from 1853) and North America (in 1857); in the Amur and the Usuriisk region (from 1860).



Having spent a large part of his life in journeys, Saint Innocent translated a Catechism and the Gospel into the Aleut language. In 1833, he wrote in this language one of the finest works of Orthodox missionary activity INDICATION OF THE WAY TO THE KINGDOM OF HEAVEN.

In 1859, the Yakut first heard the Word of God and divine services in their native language. Twice (in 1860 and 1861) Saint Innocent met with Saint Nicholas the Apostle to Japan (February 3), sharing with him his spiritual experience.

A remarkable preacher, Saint Innocent said, “Whoever abounds in faith and love, can have mouth and wisdom, and the heart cannot resist their serving it.”

Having begun his apostolic work as a parish priest, Saint Innocent completed it as Metropolitan of Moscow (January 5, 1868—March 31, 1879). He obeyed the will of God all his life, and he left behind a theme for the sermon to be preached at his funeral: “The steps of a man are rightly ordered by the Lord” (Ps 36/37:23).

Saint Innocent is also commemorated on October 5 (Synaxis of the Moscow Hierarchs) and on October 6 (his glorification).

*Text & icon <https://www.oca.org/saints/lives/2024/03/31/100954-repose-of-saint-innocent-metropolitan-of-moscow-enlightener-of-t>*



## ST. PHILIP ORTHODOX CHURCH

A Parish of the  
Antiochian Archdiocese

*His Eminence Metropolitan SABA*



*His Grace Bishop THOMAS*



*Father Noah Bushelli, Pastor*

215-954-9286



*Father James Thayer*

215-692-0890

## March 31, 2024

## SUNDAY OF ST. GREGORY PALAMAS

### COMMEMORATIONS:

THE HOLY HIEROMARTYR HYPATIUS, BISHOP OF  
GANGRA  
THEOPHILOS THE MARTYR AND THOSE WITH HIM  
INNOCENT, ENLIGHTENER OF SIBERIA & ALASKA  
AKAKIOS THE CONFESSOR

**Tone 2** - Eothion 10  
**Orthros Gospel:** St. John 21:1-14  
**Epistle:** Hebrews 1:10-2:3  
**Liturgy Gospel:** St. Mark 2:1-12

**TROPARION OF THE RESURRECTION** - Tone 2 - When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy godly power. And when Thou didst raise the dead from beneath the earth, all the powers of heaven did cry aloud unto Thee: O Thou who art risen from the dead, O Lord, glory to Thee!

**APOLYTIKION FOR ST. GREGORY PALAMAS** - Tone 8 - O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

**TODAY:** ORTHROS 8:45 a.m.  
Divine LITURGY 10 a.m.  
Sunday School & Coffee Hour  
Choir Rehearsal

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**Office Hours:** Monday, Wednesday, Friday 8:30am - 3:30pm

Fr Noah & Fr James are available for hospital visits. Please contact them directly or call the church office.

