

Artos or St. Thomas Bread

For feast-day Vespers & Artoklasia

Alternate ingredient list

4 oz cake yeast
1 cup warm water
5 lbs (King Arthur) flour
2 cups milk (lukewarm)
2 cups sugar
7 eggs
2-3 tsp anise or masticha powder
1/2 lb (Land O Lakes) sweet butter, melted
1/2 lb (Land O Lakes) salted butter, melted
1 tsp salt
2 egg yolks, beaten with 2 Tbsp milk, for glaze

Makes 5 2-lb loaves

From
Darcie McIntosh
Pastry Chef
Antiochian Village Conference Center