# The Elevation of the Holy Cross

September 14

### Services:

At St Philip Church

Wednesday, September 13, 2017 6:00 pm - Vespers & Artoklasia 7:00 pm - Orthros

Thursday, September 14, 2017
10:00 am - Divine Liturgy
11:30 am - Potluck luncheon (Fasting menu)



Scripture readings: Jn 12:28-36; 1 Cor 1:18-24; Jn 19:6-11, 13-20, 25-28

# The Synaxarion:

On September 14 in the Holy Orthodox Church we commemorate the Elevation (Exaltation) of the Honored and Life-giving Cross.

#### Verses:

Creation, seeing the Cross highly exalted, Offereth Thee high praise in its throat, O Savior. On the fourteenth the Cross' Wood is exalted.

On this day, we commemorate two events connected with the Precious Cross of Christ: the finding of the Cross on Golgotha, and the returning of the Cross to Jerusalem from Persia. While in the Holy Land, the Empress Helena learned that the Holy Cross was buried underneath the temple of the pagan goddess Venus built on Golgotha. She demanded it be torn down and the Cross be excavated. The search turned up three crosses. Uncertain which was the true Cross, the Patriarch Marcarius ordered that each cross be placed on the corpse in a funeral procession passing by. The first two produced nothing, but the third brought the man back to life, thus determining that this was the very Cross on which our Savior brought life to the world. Later, King Chozroes conquered Jerusalem, took the people into slavery and carried off the Lord's Cross to Persia. In 628, the Greek Emperor Heraclius defeated Chozroes, and brought the Cross back to Jerusalem with great ceremony. Heraclius was carrying the Cross on his back when, suddenly, he froze. The Patriarch Zacharias saw an angel directing the emperor to take off his robes and walk with the same extreme humility with which our Savior bore His Cross. The emperor complied, and was able to finish the procession to the Church of the Resurrection on Golgotha, where he restored the Holy Cross.

By the power of Thy Cross, O Christ God, have mercy upon us, and save us. Amen.

#### Apolytikion (Tone One)

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy Kingdom.

### Kontakion

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

### Doxasticon (Tone Six)

Today the Cross of the Lord goeth forth, and the faithful welcome it with longing, and they receive healing of soul and body and of every malady. Let us kiss it with joy and fear: with fear, because of sin, for we are unworthy; with joy, because of the salvation granted to the world by Him Who was crucified thereon, Christ the Lord, Who hath Great Mercy.

### More Resources:

http://www.antiochian.org/elevationofthecross

https://www.goarch.org/exaltation

## **How to Celebrate the Feast:**

Make sure you wear, prayerfully and purposefully, your baptismal cross.

Take the day off from work, if possible.

Invite a friend to church.

A fasting meal with family & friends. Pray, read about, & discuss Christ's cross.

Give Alms. Help someone. Be bold in generosity!

Visit relatives, friends and neighbors (especially those in assisted living, who are homebound, or in the hospital).

Listen to an AncientFaith.com podcast on the Elevation of the Cross.

Meditate on Christ's words from the Cross, along with prayerful silence and the Jesus Prayer.

- 1. "When they came to the place called The Skull, there they crucified Him and the criminals, one on the right and the other on the left. But Jesus was saying, 'Father, forgive them; for they do not know what they are doing.' And they cast lots, dividing up His garments among themselves" (Lk 23.33-34).
- 2. "One of the criminals who were hanged there was hurling abuse at Him, saying, 'Are You not the Christ? Save Yourself and us!' But the other answered, and rebuking him said, 'Do you not even fear God, since you are under the same sentence of condemnation? And we indeed are suffering justly, for we are receiving what we deserve for our deeds; but this man has done nothing wrong.' And he was saying, 'Jesus, remember me when You come in Your kingdom!' And He said to him, 'I tell you the truth, Today you will be with Me in Paradise'" (Lk 23.39-43).

- 3. "But standing by the cross of Jesus were His mother, and His mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus then saw His mother, and the disciple whom He loved standing nearby, He said to His mother, "Woman, behold, your son!" Then He said to the disciple, "Behold, your mother!" From that hour the disciple took her into his own household" (Jn 19.25-27).
- 4. "Now from the sixth hour darkness fell upon all the land until the ninth hour. About the ninth hour Jesus cried out with a loud voice, saying, 'ELI, ELI, LAMA SABACHTHANI?' that is, 'MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?' And some of those who were standing there, when they heard it, began saying, 'This man is calling for Elijah.' Immediately one of them ran, and taking a sponge, he filled it with sour wine and put it on a reed, and gave Him a drink." (Matt 27.45-48, w/ Psalm 21.2).
- 5. "After this, Jesus, knowing that all things had already been accomplished, to fulfill the Scripture, said, 'I am thirsty.' A jar full of sour wine was standing there; so they put a sponge full of the sour wine upon a branch of hyssop and brought it up to His mouth" (Jn 19.28-29).
- 6. "Therefore when Jesus had received the sour wine, He said, 'It is finished!' And He bowed His head and gave up His spirit" (Jn 19.30).
- 7. "And Jesus, crying out with a loud voice, said, 'Father, INTO YOUR HANDS I COMMIT MY SPIRIT.' Having said this, He breathed His last" (Lk 23.46, w/ Psalm 30.6).