

Expulsion of Adam from Paradise

(Cheese Fare)

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.



Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

Text from oca.org



ST. PHILIP ORTHODOX CHURCH

A Parish of the
Antiochian Archdiocese

His Eminence Metropolitan SABA

◆◆

His Grace Bishop THOMAS

◆◆

Father Noah Bushelli, Pastor

215-954-9286

◆◆

Father James Thayer

215-692-0890

March 2, 2025

SUNDAY OF FORGIVENESS
(CHEESE FARE)

COMMEMORATIONS:

HESYCHIUS THE MARTYR, OUR HOLY
FATHER NICHOLAS PLANAS, JOACHIM OF
VATOPEDI WHO WAS GIVEN THE NAME
PAPOULAKIS, ANDRONIKOS & ATHANASIA
THE MARTYRS, THEODOTOS THE HOLY
MARTYR, BISHOP OF CYRENIA, EUTHALIA
THE VIRGIN-MARTYR OF SICILY, CHAD,
BISHOP OF LICHFIELD

Tone 3 - Eothinon 3

Orthros Gospel: St. Mark 16:9-20

Epistle: Romans 13:11-14:4

Liturgy Gospel: St. Matthew 6:14-21

TROPARION OF THE RESURRECTION - Tone 3 - Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death by death and become the First-born from the dead. He hath delivered us from the depth of hades, granting the world the Great Mercy!

KONTAKION FOR FORGIVENESS SUNDAY - Tone 6 - O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

TODAY: ORTHROS 8:15 a.m.

Ft. Washington Mission Chapel, 9:30 a.m.

Divine LITURGY 9:30 a.m.

Memorial (Gheorghe Nadelcoviciu), 11:15 a.m.

Coffee Hour & Sunday School, 11:30 a.m.

Forgiveness Vespers, 1:00 p.m.

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Office Hours: Monday–Friday 8:30am - 3:30pm

Fr Noah & Fr James are available for hospital visits. Please contact them directly or call the church office.

Weekly Ministries & Stewards:

	This Week:	Next Week (Mar 9):
COFFEE HOUR:	St. Philip Teens & Handmaidens	???
PROSPHORA BREAD:	Kristi Moore	Gabriela Plesa
ALTAR CANDLES:	- - -	Schneider-Mindi's Birthday
USHERS:	Steve K. & Radu C.	Todd Moody & Nick M.
CLEANING TEAM:	Serge, Alex & Sarah K.	Teens
COFFEE HOUR TEAM:	Kendra Moody	Eric M. & Zach W.

Mark Your Calendar:

Great Compline & Great Canon of Repentance

March 3, 4, 6 @ 6:30 pm
March 5 @ 12:00 pm

Presanctified Liturgies
Begins March 3

Sunday of Orthodoxy Vespers

March 9 at 4:00 PM at St. George
Antiochian Orthodox Church in
Allentown, PA.

**Our Metropolitan SABA will be
preaching**

Lenten Retreat

March 22
Missions with Fr. Hector Firoglanis
10:00 am to 3:00 pm

Choir Concert

April 6—1:30 to 2:30
Passion & Resurrection of Christ
Invite family and friends!

Holy Pascha

April 20, 2025
We live from Pascha to Pascha!

MARCH OUTREACH
COLLECTION:
Baby Care Items

Pray For:

Living	Departed
Our Patriarch John and Faithful of Syria and all the holy land Met. Onuphry and faithful of Ukraine Displaced faithful of Southern California. Denis-Patrick John Nun Sergeia Doris Michael John James Steven Paraskevi Elizabeth Michaela Nicholas Elias Mary	+Pani Susan +Paula +Evangelos (March Parish Diptychs) +Najib +Lorraine +Julia +Helen +Dina +Robert +Adele
Catechumens	
Jesse, Nathan, Hannah, Elizabeth, Mary, & all Missionaries Nathan, John, & all seminarians Those searching for spouses Engaged Couples Families trying to conceive Expectant mothers New mothers and their babies The people of our land, and for their repentance, healing & unity	Lucretia Ryan Michael Kassandra Rose Jasper Catherine Matthew Matthew Mary Carol Morgan Meghan John Steven Bobby Lira Asher Sarah Andrew

This Week:

- Mon, Mar 3:** Presanctified Liturgy, 7:00 a.m.
Confessions, 8:30 a.m.
Confessions, 6:00 p.m.
Great Compline & Great Canon of Repentance, 6:30 p.m.
- Tues, Mar 4:** Confessions, 9:00 a.m.
Presanctified Liturgy, 9:30 a.m.
Matushka Olga Sewing Club, 1:00 p.m.
Confessions, 6:00 p.m.
Great Compline & Great Canon of Repentance, 6:30 p.m.
- Wed, Mar 5:** Great Canon of Repentance, 12:00 p.m.
Confessions, 5:30 p.m.
Presanctified Liturgy, 6:30 p.m.
Fasting Potluck, 8:00 p.m.
- Thurs, Mar 6:** Confessions, 11:30 a.m.
Presanctified Liturgy, 12:00 p.m.
Confessions, 6:00 p.m.
Great Compline & Great Canon of Repentance, 6:30 p.m.
- Fri, Mar 7:** Confessions, 9:00 a.m.
Presanctified Liturgy, 9:30 a.m.
Confessions, 6:00 p.m.
Salutations to the Theotokos, 6:30 p.m.
Confessions, 7:30 p.m.
- Sat, Mar 8:** Divine Liturgy, 8:00 a.m.
Catechumen Class, 4:30 p.m.
Great VESPERS, 6:00 p.m.
Confessions, 7:00 p.m.
- Sun, Mar 9:** **Sunday of Orthodoxy (1st Sunday of Lent)**
ORTHROS & Confession, 8:15 a.m.
Ft. Washington Mission Chapel Liturgy, 9 a.m.
DIVINE LITURGY, 9:30 a.m.
Coffee Hour & Sunday School, 11:15 a.m.
Choir Rehearsal, 12:45 p.m.
Sunday of Orthodoxy Vespers (St. George), 4:00 p.m.

ATTENDANCE: Vespers 2/22:

Liturgy 2/23:

OFFERINGS 11/3: Candles, \$323. Collections, \$1,971.84. Book Shelf Ministry, \$33.81. Mission Chapel: \$590. Olive Oil, \$100. Other \$1,710. Stewardship, \$5,647.73. Needy Fund, \$122.02. Total received: \$10,464.59

THANK YOU AND GOD BLESS YOU FOR YOUR GENEROSITY!