

Saint Gregory Palamas

Second Sunday of Great Lent

This Sunday was originally dedicated to Saint Polycarp of Smyrna (February 23). After Saint Gregory Palamas' glorification in 1368, he was also commemorated on the Second Sunday of Great Lent as a second "Triumph of Orthodoxy."

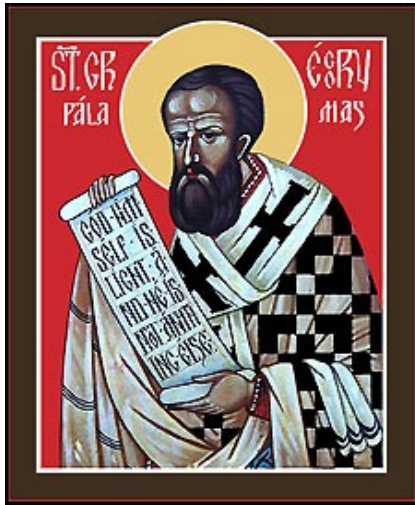
Saint Gregory Palamas, born in 1296 in Constantinople, was educated under Emperor Andronicus II Paleologos but chose monastic life, withdrawing to Mount Athos around 1316-1318. Tonsured at Vatopedi Monastery under Elder Nikodemos, he later moved to the skete of Glossia, where he embraced hesychasm, the practice of unceasing prayer. Ordained a priest in Thessalonica (1326), he combined pastoral duties with hermitic life, gathering a small monastic community.

Returning to Mount Athos in 1331, he became abbot of Esphigmenou Monastery (1333) and later devoted himself to theological work at the skete of Saint Savva. In the 1330s, he defended hesychasm against the learned monk Barlaam, who denied the uncreated nature of the light of Tabor. Gregory's Triads in Defense of the Holy Hesychasts (1338) refuted Barlaam's claims, and the Council of Constantinople (1341) affirmed Gregory's teaching that God's uncreated energies are perceptible yet distinct from His essence.

Opposition continued through Barlaam's disciple Akyndinos and Patriarch John XIV Kalekos, leading to Gregory's imprisonment (1344-1347). Released and made Archbishop of Thessalonica, his theology was upheld at the Council of Blachernae (1351). Captured by Turks on a voyage, he preached even in captivity before being ransomed.

Gregory performed miracles before his repose in 1359. On his deathbed, Saint John Chrysostom appeared to him in a vision. He was canonized in 1368 by a Constantinople Council under Patriarch Philotheus, who compiled his Life and Services.

Text & icon from oca.org



The disciples were called Christians first in Antioch (Acts 11:26)



ST. PHILIP ORTHODOX CHURCH

A Parish of the
Antiochian Archdiocese

His Eminence Metropolitan SABA



His Grace Bishop THOMAS



Father Noah Bushelli, Pastor

215-954-9286



Father James Thayer

215-692-0890

March 16, 2025

ST. GREGORY PALAMAS

2ND SUNDAY OF LENT

COMMEMORATIONS:

SABINE THE MARTYR OF EGYPT, CHRISTODULUS
THE WONDERWORKER OF PATMOS,
ARISTOVOULOS, APOSTLE OF THE 70, JULIAN
THE MARTYR, ROMANOS THE HIEROMARTYR OF
PARIUM

Tone 5 - Eothion 5

Orthros Gospel: St. Luke 24:12-35

Epistle: Hebrews 1:10-2:3

Liturgy Gospel: St. Mark 2:1-12

TROPARION OF THE RESURRECTION - Tone 5 - Let us believers praise and worship the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the cross in the flesh, to suffer death, and to raise the dead by his glorious resurrection.

APOLYTIKION FOR ST. GREGORY PALAMAS - Tone 8 - O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

TODAY:

- ✦ **ORTHROS & Confessions - 8:15 a.m.**
- ✦ Ft. Washington Mission Chapel Liturgy - 9:00 a.m.
- ✦ **Divine LITURGY - 9:30 a.m.**
- ✦ Coffee Hour & Sunday School following Liturgy

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Office Hours: Monday through Friday 8:30am - 3:30pm

Fr Noah & Fr James are available for hospital visits. Please contact them directly or call the church office.

Weekly Ministries & Stewards:

	This Week:	Next Week (Mar 23):
COFFEE HOUR:	Zemelak's Family	???
PROSPHORA BREAD:	Gabi & Catalin Tinjala	John Child
ALTAR CANDLES:	Atkinson-Jonathan's Birthday	Gamble-Winifred's 1st Birthday
USHERS:	Steve K. & Dan M.	John N. & Tom A.
CLEANING TEAM:	Nick T., Gabi T., Dave & Darby S.	Nick M., Chris H., Mark Z.
COFFEE HOUR TEAM:	Miriam K., Conor M., Daniel C., Laura S.	Calvin S., Mary T., Christian L.

Mark Your Calendar:

Lenten Retreat
THIS SATURDAY (3/22)
Missions with Fr. Hector Firoglanis
10:00 am to 3:00 pm

Annunciation
March 24: Vespers & Artoklasia
6:30pm
March 25: Orthros 8:15 am, Divine
Liturgy 9:30 am (Fasting Potluck
after Liturgy)

Choir Concert
April 6—1:30 to 2:30
Passion & Resurrection of Christ
Invite family and friends!

Holy Pascha
April 20, 2025
We live from Pascha to Pascha!

FOOD FOR HUNGRY PEOPLE BOXES

Please take one of the Food For Hungry People collection boxes (available in the Narthex) to your home and at Pascha bring them back filled to help our archdiocese food distribution program.

MARCH OUTREACH COLLECTION: Baby Care Items

Pray For:

Living	Departed
Our Patriarch John and Faithful of Syria and all the holy land	+Pani Susan +Paula
Met. Onuphry and faithful of Ukraine	+Evangelos +Joseph
Displaced faithful of Southern California.	(March Parish Diptychs)
Dn. Michael Denis-Patrick John	+Najib +Lorraine
Nun Sergeia Doris	+Julia +Helen
Michael John	+Dina +Robert
James Steven	+Adele
Paraskevi Elizabeth	<u>Catechumens</u>
Michaela Nicholas	Lucretia
Elias	Ryan
Mary Genevieve	Michael
Jesse, Nathan, Hannah, Elizabeth, Mary, Michael, Xenia, & all Missionaries	Kassandra
Nathan, John, & all seminarians	Rose
Those searching for spouses	Jasper
Engaged Couples	Catherine
Families trying to conceive	Matthew
Expectant mothers	Mary
New mothers and their babies	Carol
	Morgan
	Meghan
	John
	Steven
	Bobby
	Liara
	Asher
	Sarah
	Andrew

The people of our land, and for their repentance, healing & unity

This Week:

Mon, Mar 17: Presanctified Liturgy, 7:00 a.m.
Confessions, 8:30 a.m.
Confessions, 6:00 p.m.
Great Compline, 6:30 p.m.
PC Meeting, 7:30 p.m.

Tues, Mar 18: Confessions, 9:00 a.m.
Presanctified Liturgy, 9:30 a.m.
Matushka Olga Sewing Club, 1:00 p.m.
Sermon on the Mount Bible Study, 6:30 p.m.

Wed, Mar 19: Confessions, 5:30 p.m.
Presanctified Liturgy, 6:30 p.m.
Fasting Potluck, 8:00 p.m.

Thurs, Mar 20: Confessions, 11:30 a.m.
Presanctified Liturgy, 12:00 p.m.
Great Compline, 6:30 p.m.

Fri, Mar 21: Confessions, 9:00 a.m.
Presanctified Liturgy, 9:30 a.m.
Fasting Potluck, 11:00 a.m.
Confessions, 6:00 p.m.
Salutations to the Theotokos, 6:30 p.m.
Confessions, 7:30 p.m.

Sat, Mar 22: Divine Liturgy, 8:00 a.m.
Lenten Retreat: MISSIONS, 10 a.m.
Altar Boy Meeting, 4:00 p.m.
Youth Choir Rehearsal, 5:00 p.m.
Great VESPERS, 6:00 p.m.
Confessions, 7:00 p.m.

Sun, Mar 23: **Veneration of the Holy Cross (3rd Sunday of Lent)**
ORTHROS & Confession, 8:15 a.m.
Ft. Washington Mission Chapel Liturgy, 9 a.m.
DIVINE LITURGY, 9:30 a.m.
Coffee Hour & Sunday School, 11:15 a.m.
Choir Rehearsal, 12:45 p.m.

ATTENDANCE: Vespers 3/8: 95

Liturgy 3/9: 241

Wed PreSanctified Liturgy: 109 Fri PreSanctified Liturgy: 37

OFFERINGS 3/9: Candles, \$295. Collections, \$590.47 Book Shelf Ministry, \$26. Outreach, \$19.11. Beautification, \$50. Building Fund, \$150. Hospitality, \$79. Mission Chapel, \$150. Stewardship, \$6369.09. Total received: \$7,728.67

THANK YOU AND GOD BLESS YOU FOR YOUR GENEROSITY!